

NAME: \_\_\_\_\_

21

## PRACTICE RECORD WEEK 21

JANUARY 4, 2016 - JANUARY 10, 2016

201-210 = 20; 176-200 = 19; 151-175 = 18; 126-150 = 17; 101-125 = 16; 76-100 = 15; 51-75 = 14; 1- 50 = 13; 0=12  
 IF YOU HAVE AN EXCUSED REASON FOR NOT PRACTICING (SICK OR REPAIR), PLEASE WRITE THE EXCUSE ON THAT DAY.

MON 1/4	TUE. 1/5	WED. 1/6	THURS. 1/7	FRI. 1/8	SAT. 1/9	SUN. 1/10	TOTAL	GRADE

- MIN 4 DAYS OF PRACTICE
  - CIRCLE WARM-UP & PRACTICE TECHNIQUES USED
  - LIST ALL MUSIC PRACTICED
  - VOCABULARY DEFINITIONS
- DUE DATE: MONDAY 1/11

WARM UP TECHNIQUES	PERFORMANCE TECHNIQUES	
W1. LONG TONES (LISTEN FOR BEST SOUND)	P1. TAP AND COUNT	P2. RECORD AND LISTEN FOR MISTAKES
W2. BRASSES BUZZ ON MOUTHPIECE	P3. COUNT AND FINGER	P4. SILENT FOOT TAP WHILE PLAYING
W3. ARTICULATION EXERCISES	P5. SING AND FINGER	P6. ADD ONE NOTE AT A TIME
W4. EXPERIMENT WITH EMBOUCHURE PLACEMENT	P7. END WITH A RUN THROUGH	P8. PRACTICE WITH METRONOME
W5. WATCH EMBOUCHURE IN MIRROR	P9. LOOK FOR PATTERNS	P10. COUNT IN YOUR HEAD
W6. SNARE BUZZ STROKES	P11. PERCUSSION COUNT OUT LOUD	P12. PLAY RHYTHM ON ONE PITCH
W7. BRASS LIP SLURS	P13. WORK ON SMALL SECTIONS	P14. START SLOW AND GET FASTER
W8. PRACTICE RUDIMENTS	P15. USE TUNER	P16. TAKE OUT SLURS
W9. LONG TONE WITH DYNAMICS	P17. PLAY IT 10 TIMES IN A ROW W/O A MISTAKE	P18. WORK ON ENDING & WORK BACKWARDS
W10. CHECK POSTURE & INSTRUMENT ANGLE	P19. SUBDIVIDE WHILE PLAYING	P20. MARK KEY SIGNATURE NOTES

DAY	MATERIALS WORKED ON
MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	
SUNDAY	

VOCABULARY	DEFINITION
POLARISED	
POLYCHORAL	
POLYRHYTHM	
QUESTION AND ANSWER	
RECAPITULATION/SONATA FORM	